WVSD Elementary Social Emotional Learning Curricula for Grades K-5

New legislation (Senate Bill 5395) states that districts are required to provide Social Emotional Learning (SEL) in K-3 and sexual health instruction must be offered to students in grades 4 or 5-12. For more information on Senate Bill 5395 Comprehensive Sexual Health Education Requirements, check out OSPI's Frequently Asked Questions document.

WVSD uses the following resources to teach Social Emotional Learning (SEL) to students in grades K-5:

**Second Step® Elementary Classroom Curriculum for Kindergarten–Grade 5**

The elementary years are the prime time to nurture social-emotional awareness and skills for learning. Evidence-based Second Step Elementary curriculum for Kindergarten–Grade 5 integrates social-emotional learning into the classroom which decreases problem behaviors and increases whole-school success by promoting self-regulation, safety, and support.

**The MindUP Curriculum: Grades PreK-5: Brain-Focused Strategies for Learning and Living**

Positive school-wide culture and climate. The MindUP program has been shown to increase pro-social actions, decrease aggressive behaviors, and improve academic achievement especially in math and language arts.